CERTIFICATE

OF APPRECIATION

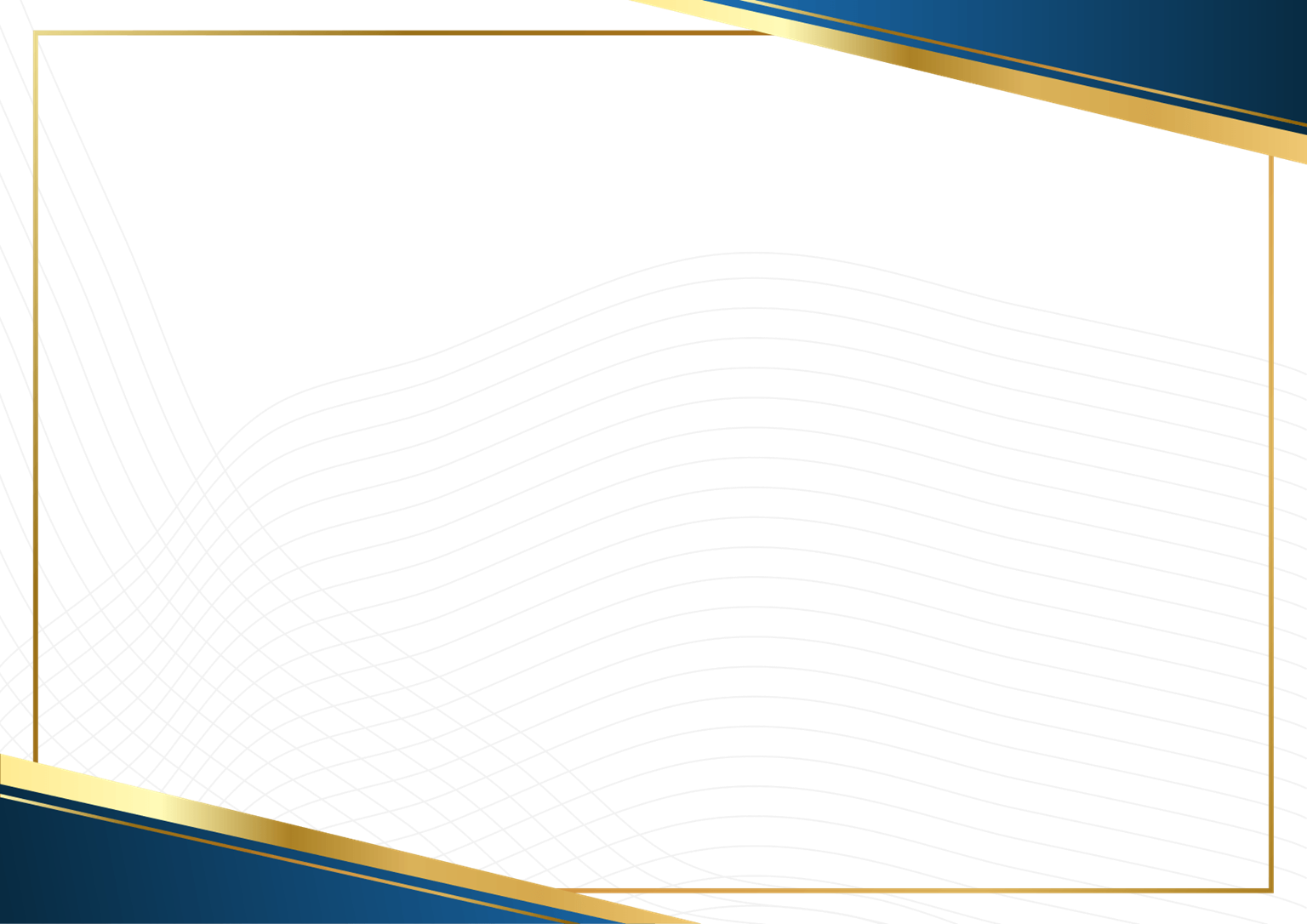
PROUDLY PRESENTED TO

**[name]**

The systematic study of gratitude within the field of psychology began in 1998 when Martin Seligman introduced a new branch of psychology, positive psychology, which focuses on reinforcement of positive traits. The study of gratitude in psychology has included the attempt to understand the short term experience of the gratitude response, individual differences in how frequently gratitude is felt among individuals.

**BRAND**

**AWARD**



DATE SIGNATURE